



## November 9<sup>th</sup> Blue Sox Coaching Night

All Stealers junior players and coaches are invited to attend a Blue Sox coaching night at Stealers Ball Park – Golden Jubilee field.

### Coaches / Managers

# Ask how many of your players would like to attend

# Register your interest by advising your team name and number of players attending to Adrian on [adrian.steer@me.com](mailto:adrian.steer@me.com)

### Format of the night

5.45pm – Blue Sox player introduction by VP Juniors.

5.50pm – Blue Sox player will instruct players through warmup.

6:00pm – Blue Sox player will instruct players with throwing.

6:15pm – Club Coaches will run a 60 min session with assistance from the Blue Sox player.

7:15pm – Q & A – Blue Sox player will give a brief run down on his career followed by questions from players and coaches.

7:30pm – Group Photo, followed by photos and signing autographs.

7.45pm – B B Q for players and parents while watching a seniors Masters game.